

The Women's Group At icap

HAVE YOU EXPERIENCED ANY OF THE FOLLOWING:

- **Death or loss of a loved one**
- **Abandonment by family or loved one**
- **Depression**
- **Feelings of isolation**
- **Problems with children**
- **Feelings of failure**
- **Breakdown of a relationship**
- **Loss of job or redundancy**
- **Painful childhood experiences**

Many of these are common themes in women's lives. In dealing with these experiences and feelings it can help to share them with others in a safe environment. The Women's Group is facilitated by 2 psychotherapists from **icap**.

icap welcomes enquiries and applications from women from different backgrounds and cultures, ages and religions, marital status and sexual orientation.

The group will meet

Venue: **icap**, 96 Moray Road, London, N4 3LA

If you are interested in joining or would like to know more about the Group, please contact **icap**.

*** There is no charge for this group to participants.**

For additional information on **icap** please visit www.icap.org.uk

96 Moray Road
London
N4 3LA

Tel/Answer phone 020 7272 7906
Fax : 020 7272 6920
Email: info@icap.org.uk

